

Food Resource Guide

Your Guide to Support



Guía de Recursos Alimentarios

Tu Guía de Apoyo



believing, building, becoming

INDEX | ÍNDICE

Regional Sections | Secciones Regionales

Section / Sección	Page / Página
<u>How to Use This Guide / Cómo Usar Esta Guía.....</u>	<u>1</u>
<u>Directories & Regional Support Networks / Directorios y Redes de Apoyo Regionales.....</u>	<u>2</u>
SPA 6 - South Los Angeles Area / Área del Sur de Los Ángeles..... Los Angeles (90001-90062), Compton (90220-90222), Lynwood (90262)	<u>3-9</u>
SPA 4 - Central Los Angeles Area / Área Central de Los Ángeles..... Los Angeles (90005-90033)	<u>10-12</u>
SPA 5 - West Los Angeles Area / Área del Oeste de Los Ángeles..... Los Angeles (90034, 90035, 90065), Gardena (90247)	<u>12</u>
SPA 7 - East Los Angeles Area / Área del Este de Los Ángeles..... Los Angeles (90022, 90063)	<u>13</u>
SPA 8 - South Bay Area / Área del Sur de la Bahía..... Hawthorne (90250), Inglewood (90301-90304), Lawndale (90260), Torrance (90501), Long Beach (90802-90813)	<u>13-15</u>




Community Food Resource Guide





This Food Resource Guide lists food distribution sites across Los Angeles County, organized by city, zip code, and Service Planning Area (SPA). It also includes phone numbers and online resources to help you find food support near you.


We hope this guide helps you easily find food resources and support in your area.


HOW TO USE THIS GUIDE | CÓMO USAR ESTA GUÍA

 Start by checking the pages for phone and online help. | Empieza consultando las páginas de ayuda telefónica y en línea.

 Then find your ZIP code section to see local food distribution sites. | Luego, busca la sección de tu código postal para ver los puntos de distribución de alimentos locales.

 Call ahead to confirm days and hours. | Llama con anticipación para confirmar los días y horarios.

 Arrive early — supplies may run out. | Llega temprano; los suministros pueden agotarse.

 Many sites do not require ID. If you have one, bring it just in case. | En muchos puntos no se requiere identificación. Si tienes una, llévala por si acaso.

 Bring bags or a cart if possible. | Si es posible, lleva bolsas o un carrito.

Guía de Recursos Alimentarios Comunitarios

Esta Guía de Recursos Alimentarios enumera los sitios de distribución de alimentos en todo el condado de Los Ángeles, organizados por ciudad, código postal y Área de Planificación de Servicios (SPA). También incluye números de teléfono y recursos en línea para ayudarle a encontrar ayuda alimentaria cerca de usted.

Esperamos que esta guía le ayude a encontrar fácilmente recursos alimentarios y apoyo en su zona.

DIRECTORIES AND REGIONAL SUPPORT NETWORKS DIRECTORIOS Y REDES DE APOYO REGIONALES

SHIELDS for Families Support | Apoyo



Shields for Families-Administration

11601 S. Western Ave., Los Angeles 90047
Phone: (323) 242-5000
Web: shieldsforfamilies.org

Shields for Families- Place of Family Food Bank

9307 S. Central Ave., Los Angeles 90002
Phone: (323) 564-6982
Hours: Wednesdays 1pm-3pm

Shields for Families- Ark Food Bank

11705 Deputy Yamamoto Pl., Lynwood 90262
Phone: (323) 242-5000 ext 3300
Hours: Thursdays 10am-2pm (line forms 8am)

Phone or Web Only | Solo por Teléfono o Web



Phone: (323) 234-3030
Web: www.lafoodbank.org



Phone: (818) 492-5270
Web: www.bailanetwork.org



Text: "APPLY" to 91997
Web: www.startwic.org



Web: www.foodoasis.la



Web: www.chirpla.org/search-services



Phone: (877) 481-1044
Web: www.dpss.lacounty.gov/en/food.html



Web: www.championsofcaringconnections.org



SPA 6 COMMUNITY AREA

Los Angeles | 90001

Agape Foundation Against Domestic Violence

1878 W. Adams , Los Angeles 90001

Phone: (323) 737-4838 **Hours:** M-F 10-6pm

Web: agapefdnadv.org

King Solomon Baptist Church

7407 S Central Ave., Los Angeles 90001

Phone: (310) 635-9536

Hours: Monthly 1st Saturday: 10:am- 12pm

Salvation Army Siemon Center

7651 S. Central Ave., Los Angeles 90001

Phone: (323) 587-4221 ext 200

Hours: Monday 2:15 pm - 4 pm,
Wednesday 10 am - 1 pm, 2:15 pm - 4 pm,
Friday 10 am - 1 pm

Notes: Diapers available (call first)

Presentation of Mary Catholic

6406 Parmelee Ave., Los Angeles 90001

Phone: (323) 585-0570

Hours: Thursdays 9 to 11am

Florence/ Firestone Community and Senior Services Center

7807 S. Compton Ave., Los Angeles 90001

Phone: (323) 789-9950 **Hours:** M-F 8-5pm

Web: css.lacounty.gov

Notes: Bring ID (if you have one)

New Life in Christ Full Gospel

8301 S. Compton Ave., Los Angeles 90001

Phone: (323) 752-0130 **Hours:** M-F 9-2pm

Web: www.newlife-intl.org

Los Angeles | 90002

Bethel Unspeakable Joy

8724 S. Central Ave., Los Angeles 90002

Phone: (323) 585-5939

Hours: M-F 7:30-5pm **Web:** g12joy.net

Champions Of Caring Connections - Amaad Institute

10517 S Central Ave., Los Angeles 90002

Phone: (310) 635-9536

Hours: Every Month-4th Wednesday:

10:00 AM - 12:00 PM

Light House Community Outreach

1976 E. 103rd St., Los Angeles 90002

Phone: (323) 789-9950

Hours: 2nd & 4th Wednesday 11am - 3pm

St. Lawrence of Brindisi

10044 Compton Ave., Los Angeles 90002

Phone: (323) 567-1439

Hours: M-F 8:30am-5pm

Web: www.stlawrencebrindisi.com

Notes: Bring ID (if you have one)

Los Angeles | 90003

Champions Of Caring Connections - Mt. Pleasant Hill Baptist Church

8204 S Avalon Blvd., Los Angeles 90003

Phone: (310) 635-9536

Hours: Every Month-1st Saturday: 10am- 12pm

Chapter Two Inc

10127 S. Avalon Blvd., Los Angeles 90003

Phone: (213) 389-3191

Hours: Wednesday 11am-3 pm

Los Angeles | 90007

St Agnes Catholic Church

2625 S. Vermont Ave., Los Angeles 90007

Phone: (323) 731-2464

Hours: Tuesday 9 am - 10:30 am

The Central Neighborhood Health Foundation

2614 S. Grand, Los Angeles 90007

Phone: (323) 563-5800

Web: cnhfclinic.org

SPA 6 COMMUNITY AREA

Los Angeles | 90007

St. Mark's Evangelical Lutheran Church

3651 S. Vermont Ave., Los Angeles 90007

Phone: (323) 753-9206 **Hours:** T & Th 12pm

Web: www.stmarkslutheranla.org

Notes: Hot meals served

Star Christian School

2120 Estrella Ave., Los Angeles 90007

Phone: (562) 432-1440 **Hours:** M-F 6-6pm

Web: star-school.org

St. Vincent de Paul Church

621 W. Adams Blvd., Los Angeles 90007

Phone: (213) 749-8950 ext 113

Hours: Friday 8am-10am

Los Angeles | 90008

Christ the Good Shepherd

3303 W. Vernon Ave., Los Angeles 90008

Phone: (323) 292-4931 **Hours:** M-F 9-1pm

Web: christthegoodshepard.org

Notes: Groceries available; Bring ID (if you have one)

Crenshaw United Methodist

3740 Don Felipe Dr., Los Angeles 90008

Phone: (323) 292-0141

Hours: M-F 9:30-5pm

Web: www.crenshawumc.com

Notes: Groceries available

Los Angeles Central City

650 W. 21st St., Los Angeles 90008

Phone: (310) 516-1433 **Notes:** Groceries available

St. Bernadette's Catholic Church

3825 Don Felipe D, Los Angeles 90008

Phone: (323) 292-5165

Hours: M-F 9-7pm

Notes: Call first to confirm; Hot meals served;
Groceries available; Bring ID (if you
have one)

West Adam • Leimert Park Family Source Center

4305 Degnan Blvd., Los Angeles 90008

Phone: (323) 991-5850

Hours: Every Tuesday 10:am until food is gone.

YMCA- Crenshaw

3820 Santa Rosalia Dr. , Los Angeles 90008

Phone: (323) 730-8700

Web: www.ymcala.org

Los Angeles | 90011

All Peoples Christian Center

822 E. 20th St., Los Angeles 90011

Phone: (562) 432-1440 **Hours:** M-F 9- 5:30pm

Web: allpeoplescc.org

Notes: Bring ID (if you have one)

Avalon-Carver Community Center

4920 S. Avalon Blvd., Los Angeles 90011

Phone: (323) 789-9950

Hours: M-F 8-4:30pm

Web: avalon-carver.org

Central Avenue Farmers Market

4301 Central Ave., Los Angeles 90011

Phone: (213) 763-0120 **Hours:** Thurs; 11a-4p

Web: www.seela.org

Cover the Homeless Ministry

4425 S. Central Ave., Los Angeles 90011

Phone: (323) 931-5468

Hours: Last Thursday of the month
12pm - 1pm

SPA 6 COMMUNITY AREA

Los Angeles | 90011

Cover the Homeless Ministry

4425 S. Central Ave., Los Angeles 90011

Phone: (323) 931-5468

Hours: Last Thursday of the month 12pm - 1pm

Cover The Homeless Ministry – Food Give Away

4301 S Central Ave., Los Angeles 90011

Phone: (323) 931-5468

Hours: Last Thursday monthly, 10:30am

Inglewood Wrapping Arms Around the Community / Masjid Bilal Islamic Center

4016 S. Central Ave., Los Angeles 90011

Phone: (323) 789-9950

Hours: Saturday 9am-12pm

Mobile Food Pantry – South Central Family Center

4425 S Central Ave., Los Angeles 90011

Phone: (323) 908-4200

Hours: Special distributions: Tue Dec 23, 2025.

South Central Los Angeles Ministry Project

892 E. 48th St., Los Angeles 90011

Phone: (323) 753-4732

Hours: M-F 8:30am-4:30pm

Web: www.southcentrallamp.org

St. Mark Missionary Baptist Church

5017 Compton Ave., Los Angeles 90011

Phone: (323) 231-1040 **Hours:** Varies

Web: www.stmarkmbcofla.org

Notes: Groceries available

St. Philip's Episcopal Church

2800 Stanford Ave., Los Angeles 90011

Phone: (323) 232-3494 **Hours:** M W & F 9-2pm

Web: stphilips.ladiocese.org

Notes: Bring ID (if you have one)

Theresa Lindsay Center

429 E.42ndPl., Los Angeles 90011

Phone: (213) 846-1920 **Hours:** M-F 8am-4pm

Web: www.la4seniors.com

Los Angeles | 90016

Asian American Drug Abuse Program, Inc. (AADAP)

2900 S. Crenshaw Blvd., Los Angeles 90016

Phone: (323) 293-6284 **Hours:** M-F 9-6pm

Web: aadapinc.org

West Angeles Community Development Corporation

6028 Crenshaw Blvd., Los Angeles 90016

Phone: (323) 751-3440

Peoples Coordinated Services (Seniors)

2475 W. Washington Blvd., Los Angeles 90016

Phone: (323) 734-9091 **Hours:** M-F 8-4:30pm

Web: pcs-socal.org

Notes: Hot meals served; Bring ID (if you have one)

Los Angeles | 90018

El Hajj Malik Shabazz Islamic Center

2914 W. Jefferson Blvd., Los Angeles 90018

Phone: (424) 227-0352

Hours: 2nd & 4th Friday 2pm-3:30pm

Berean 7th Day Adventist Church Community Services

4211 W. Adams Blvd., Los Angeles 90018

Phone: (323) 789-9950 **Hours:** M-Th 12pm-3pm

Web: berean29.adventistchurchconnect.org

Holman United Methodist Church

3320 W Adams Blvd., Los Angeles 90018

Phone: (323) 703-5868

Hours: 2nd & 4th Sat 9-11am

Dios International Missionary Church

4335 W. Adams Blvd., Los Angeles 90018

Phone: (323) 730-1906 **Hours:** M-S 6aml

Web: www.missionarychurch.com

Notes: Groceries available

SPA 6 COMMUNITY AREA

Los Angeles | 90018

First Africian Methodist Episcopal Church

2270 S. Harvard Blvd., Los Angeles 90018

Phone: (323) 735-1251 **Hours:** Every 4th Sat. 9-12pm

Web: famechurch.org

Trinity Baptist Church

2040 W. Jefferson Blvd., Los Angeles 90018

Phone: (323) 735-0044 **Hours:** W 9:30-10:30am

Web: www.trinitybaptistchurchofla.org

Notes: Groceries available

United University Church Westminster Presbyterian Church

2230 W. Jefferson Blvd., Los Angeles 90018

Phone: (323) 743-1566 **Hours:** Thursday walk-Ups 10am-11am & Drive Thru 11am- 12pm

Mobile Food Pantry – South Central Family Center

4425 S Central Ave., Los Angeles 90011

Phone: (323) 908-4200

Hours: Special distributions: Tue Dec 23, 2025.

Los Angeles | 90037

Figueroa Church of Christ

455 W. 57th St., Los Angeles 90037

Phone: (323) 757-7607 **Hours:** T & Th 9-11:30am

Web: figueroachurchofchrist.com

St. Cecilia Catholic Church

4230 S. Normandie Ave., Los Angeles 90037

Phone: (323) 299-4277

Hours: M-Th 9:30-6:30pm F 9-5:30pm

Web: www.stcecilia-la.org (Under Construction)

Los Angeles | 90043

All Souls Christian Center

5125 S. Crenshaw Blvd., Los Angeles 90043

Phone: (562) 432-1440 **Hours:** M-F 10-3pm

Bethesda Temple Church

4909 Crenshaw Blvd., Los Angeles 90043

Phone: (323) 299-2591 **Hours:** M-Th 8-3:30pm

Web: bethesdatemple4909.org

Grace United Methodist Church

4412 W. Slauson Blvd., Los Angeles 90043

Phone: (323) 231-7567 **Hours:** M-F 9-3pm

Web: www.graceumcla.com

Notes: Bring ID (if you have one)

Guidance Church (Guidance Spiritual Center)

7225 Crenshaw Blvd., Los Angeles 90043

Phone: (323) 778-0773 **Hours:** M-F 9:30-4:30pm

Web: guidancechurch.org

Crenshaw High School

5010 11th Ave., Los Angeles 90043

Phone: (323) 290-7800

My Friends House Inc.

3533 W. 58th Pl., Los Angeles 90043

Phone: (323) 292-4939

Hours: W 9-11am

Web: lutheransonline.com

Notes: Diapers available (call first)

Robbins Memorial Church

3868 W. 54th St., Los Angeles 90043

Phone: (323) 752-4444

Hours: Varies

Web: robbinsmemorial-church.org

Notes: Call first to confirm; Groceries available

West Angeles CDC

6028 Crenshaw Blvd., Los Angeles 90043

Phone: (323) 733-8300

Hours: 10am - 12noon

Web: westangelescdc.org

Notes: Registration may be required

SPA 6 COMMUNITY AREA

Los Angeles | 90044

Champions Of Caring Connections – New Congregational Church

11205 S Vermont Ave., Los Angeles 90044
Phone: (310) 635-9536 **Hours:** Monthly
1st Saturday: 10am – 12pm

Weingart YMCA Wellness & Aquatic Center

9900 S. Vermont Ave., Los Angeles 90044
Phone: (213) 639-7451
Hours: M-F 6-10pm Sat. 7-6pm
Web: www.ymcala.org

Los Angeles | 90047

Mt. Tabor Missionary Baptist Church

6614 S Western Ave., Los Angeles 90047
Phone: (323) 753-3189
Hours: Tue & Thu 10am-12pm

Bethel AME Church

7900 S Western Ave., Los Angeles 90047
Phone: (323) 750-3240
Hours: Wed 10am-12pm

St. Mark United Methodist

8305 S Gramercy Pl, Los Angeles 90047
Phone: (323) 753-3535
Hours: Every Wednesday 10am-12pm

FNCF Food Bank

1555 W. 108th St., Los Angeles 90047
Phone: (323) 778-0441
Hours: T-Th 9-5pm F 9-12pm
Web: <http://www.1stnewchristian.org>.

Los Angeles | 90059

Tabernacle of Faith Church

11328 S Central Ave., #1642 Los Angeles 90059
Phone: (310) 569-4162
Hours: Every Month-4th Wednesday: 10:00 AM – 12:00 PM

Watts 360 Foundation

1609 E. 113th St., Los Angeles 90059
Phone: (323) 955-8120
Hours: Tuesdays 9am-11am (free food is given to the first 75 Families)

George W. Carver Park

1400 E. 118 St., Los Angeles 90059
Phone: (323) 357-3031
Hours: M-F 3-6pm
Web: parks.lacounty.gov

NOLP Food Pantry

1679 E. 120th St., Los Angeles 90059
Phone: (213) 201-1433 **Hours:** Varies
Web: www.apla.org
Notes: Bring ID (if you have one)

Los Angeles | 90061

Imperial Church of Christ

11316 S. San Pedro St., Los Angeles 90061
Phone: (323) 756-0360
Hours: 2nd & 4th Saturday 8am-9am

Los Angeles | 90062

Testimonial Community Love Center

5721 S. Western Ave., Los Angeles 90062
Phone: (323) 291-6753 **Hours:** M-F 8-4pm
Web: www.testimonialclc.org
Notes: Diapers available (call first); Groceries available; Bring ID (if you have one)

St. Brigid Catholic Church

5214 S. Western Ave., Los Angeles 90062
Phone: (323) 292-0781 **Hours:** 3rd Friday
9:30 am – 11 am

SPA 6 COMMUNITY AREA

Compton | 90220

Love & Unity Christian Fellowship

1842 S. Wilmington Ave., Compton 90220
Phone: (310) 604-5900 **Hours:** 3rd Friday 12pm-2pm

St Timothy's Episcopal Church

312 S Oleander Ave., Compton 90220
Phone: (310) 638-6319

Tamarind Avenue 7th Day Adventist Church

417 S. Tamarind Ave., Compton 90220
Phone: (323) 428-0881 **Hours:** M-F 9-2pm
Web: www.tamarindavenueca.adventistchurch.org

Compton | 90221

Compton WIC Site

130 E. Compton Blvd., Compton 90221
Phone: (310) 637-1050 **Hours:** M-F 7:30-5pm
Web: www.fns.usda.gov/wic
Notes: Bring ID (if you have one)

Food Net - East Rancho Dominguez

4513 E. Compton Blvd., Compton 90221
Phone: (310) 603-0220
Hours: Last Friday of the month - 8am to 10am
Notes: Groceries available

East Rancho Dominguez Service Center

4513 E. Compton Blvd., Compton 90221
Phone: (310) 603-0220
Hours: M-F 8-5pm **Web:** www.lacounty.gov

Hope in Christ Community Church

1019 N Harris Ave., Compton 90221
Phone: (323) 789-9950
Hours: 2nd Saturday: 10am-12pm

West Adams Church - Food Distribution Center

2301 E Alondra Blvd., Compton 90221
Phone: (323) 731-6672
Hours: Mondays 9:45am-11:45am

Christ Christian Home Mission

1728 E Compton Blvd., Compton 90221
Phone: (562) 432-1440
Hours: 3rd Saturday 10am-12pm

The Salvation Army-Compton Corps

736 E Compton Blvd., Compton 90221
Phone: (310) 639-0362
Hours: Wednesdays 9:30am

Compton | 90222

Catholic Charities of Long Beach

123 E 14th St., Compton 90222
Phone: (213) 251-3514 (213) 251-3432
Hours: Tue, Thurs 9:30am-12pm & 1:30-3pm

St. Phillip Lutheran Church

1110 N Dwight Ave., Compton 90222
Phone: (310) 635-8600
Hours: 3rd Friday of the month 7:30am-10am

Temple of Deliverance

12231 S Willowbrook Ave., Compton 90222
Phone: (310) 554-4000
Hours: Fridays 10am - 12pm

Holy Revival Non Denominational Church

2028 E. El Segundo Blvd., Compton 90222
Phone: (310) 632-1976
Hours: 2nd Saturday: 10am-12pm

Omni Ministries

12601 Wilmington Blvd., Compton 90222
Phone: (310) 631-1557
Hours: 2nd & 4th Friday- 12pm (line-Up 10am)

SPA 6 COMMUNITY AREA

Lynwood | 90262

Lynwood Partners Educational Foundation

11321 Bullis Rd , Lynwood 90262

Phone: (310) 933-5044

Hours: Wednesdays 10am- 12:30pm

Ministry by Inspirational Women

3740 E. Imperial Hwy , Lynwood 90262

Phone: (562) 303-1957

Hours: Tuesdays 12pm- 2pm

Lynwood WIC Site

3811 Martin Luther King Jr. Blvd., Lynwood 90262

Phone: (310) 661-3080 **Hours:** M-F 8-5pm

Web: www.fns.usda.gov Notes: Bring ID (if you have one)

Lynwood United Methodist Church

4207 Carlin Ave., Lynwood 90262

Phone: (310) 638-5163

Hours: Wednesdays 9am-10am

South Gate S.D.A Church

3231 Minnesota Ave., Lynwood 90262

Phone: (951) 318-4420

Hours: 1st & 3rd Friday 3pm-5pm



SPA 4 COMMUNITY AREA

Los Angeles | 90005

My New House (Immanuel Presbyterian Church)

663 S. Berendo St., Los Angeles 90005

Phone: (213) 389-3191

Hours: Wednesday & Friday 9am - 12 PM

Notes: Diapers available (call first)

Wilshire Boulevard Temple

3663 Wilshire Blvd., Los Angeles 90005

Phone: (213) 388-2401

Hours: Sundays- 9:00am - 9:15am

AIDs Project LA (APLA)

611 S. Kinglsey Dr , Los Angeles 90005

Phone: (213) 201-1433 **Hours:** M-F 9-5pm

Web: apla.org

Notes: Bring ID (if you have one)

Hope Net (First Baptist Church of Los Angeles)

1760 S. Westmoreland Ave., Los Angeles 90005

Phone: (323) 291-2772 **Hours:** 8am-Until

Web: www.fbcofla.org

Los Angeles | 90006

L.A. County Federation of Labor, AFL-CIO

2130 W. James M. Wood Blvd., Los Angeles 90006

Phone: (213) 380-2211 **Hours:** M-F 9-5pm

Web: www.launionaflcio.org

Notes: Call first to confirm; Bring ID (if you have one)

St Thomas Center

2727 W. Pico Blvd., Los Angeles 90006

Phone: (323) 737-3325

Hours: 2nd, 3rd Saturday 5am - 7:30 am

Los Angeles | 90010

African Community Resource Center, Inc.

3540 Wilshire Blvd., Ste.321, Los Angeles 90010

Phone: (323) 789-9950 **Hours:** 24hrs

Web: acrcintl.org

St. James' Episcopal Church

3993 Wilshire Blvd., Los Angeles 90010

Phone: (323) 731-4847 **Web:** <https://stjla.org/>

Notes: Hot meals served; Groceries available;
Bring ID (if you have one)

Silver Lake Community Church

2930 Hyperion Ave., Los Angeles 90010

Phone: (323) 789-9950 **Hours:** Wednesdays - 5pm to 6:30pm

Los Angeles | 90012

Homeboy Industries-St. Francis Center

130 W. Bruno St., Los Angeles 90012

Phone: (323) 526-1254

Hours: Friday 11/21, 12/05, 12/19 10:30am - 12 pm

Our Lady Queen of Angels Catholic Church

535 N. Main St., Los Angeles 90012

Phone: (213) 629-3101

Hours: Fridays - 8:00am to 11:00am

Los Angeles | 90013

Los Angeles Mission

303 E. 5th St., Los Angeles 90013

Phone: (213) 629-1227 **Hours:** M-Sat. 6-4pm

Web: www.losangelesmission.org

Notes: Call first to confirm; Hot meals served



SPA 4 COMMUNITY AREA

Los Angeles | 90015

Salvation Army- Central Los Angeles

832 W. James M. Wood Blvd., Los Angeles 90015

Phone: (562) 264-3600 **Hours:** M-F 8-4pm

Web: www.salvationarmy-socal.org

Notes: Call first to confirm;
Bring ID (if you have one)

Vernon-Central/LATTC WorkSource Center

400 W Washington Blvd., Los Angeles 90015

Phone: (213) 763-5951

St. Francis Center- Los Angeles

1835 S. Hope St., Los Angeles 90015

Phone: (213) 747-5347 **Hours:** M-F 9- 5pm

Web: www.stfranciscenterla.org

Notes: Hot meals served;
Bring ID (if you have one)

Los Angeles | 90019

First Presbyterian Church

1809 West Blvd., Los Angeles 90019

Phone: (323) 935-5204

Hours: 1st & 3rd Saturday 9am-11am

World Harvest Food Bank

3100 Venice Blvd., Los Angeles 90019

Phone: (213) 746-2227

Hours: Mon-Sat 8am-3pm

Notes: Groceries available

Los Angeles | 90021

Weingart Center Association (Access Center)

501 E. 6th St., Los Angeles 90021

Phone: (213) 833-5020

Hours: Monday-Friday 8:30am - 5pm

Web: www.weingart.org

Notes: Bring ID (if you have one)

Community Build Family Source

8730 S. Vermont Ave., Los Angeles 90021

Phone: (323) 789-9950 **Hours:** M-F 9-5pm

Web: www.communitybuild.org

Notes: Bring ID (if you have one)

Los Angeles | 90023

Community of Faith Bible Church

12025 Industrial Ave., Los Angeles 90023

Phone: (562) 529-2025

Hours: 2nd & 4th Sunday 1pm- 3pm

Los Angeles | 90026

Christian Food Center, Inc.

724 S. Park View St., Los Angeles 90026

Phone: (213) 387-1973

Notes: Registration may be required

Dream Center Mobile Food Bank

2301 Bellevue Ave., Los Angeles 90026

Phone: (213) 273-7000 **Hours:** Varies

Web: www.dreamcenter.org

Notes: Call for times and locations

SPA 4 COMMUNITY AREA

Los Angeles | 90028

Social Services at Blessed Sacrament, Inc
6636 Selma Ave., Los Angeles 90028
Phone: (323) 378-3225
Hours: M-Sat. 7-1pm
Web: hollywoodsocialservices.org

Los Angeles | 90029

St. Mary's Center- Catholic Charities
4665 Willow Brook Ave., Los Angeles 90029
Phone: (323) 662-4392 **Hours:**
M-F 10am-12pm, 1-3pm
Web: www.catholiccharitiesla.org
Notes: Call first to confirm; Bring ID (if you have one)

Los Angeles | 90031

Saint Vincent de Paul
210 N. Ave. 21, Los Angeles 90031
Phone: (800) 974-3571 **Hours:** M-F 9:30-6pm
Web: www.svdpla.org
Notes: Call first to confirm; Groceries available

Los Angeles | 90033

Brownson House Community Center
1307 Warren St., Los Angeles 90033
Phone: (323) 266-3130
Hours: M-F 9-1pm
Notes: Bring ID (if you have one)

Los Angeles | 90065

Social Services at Blessed Sacrament, Inc
2055 N. Figueroa St., Los Angeles 90065
Phone: (323) 223-2021 **Hours:** T-Sat 6-3pm
Web: www.idepsca.org

Cypress Park Community Job Center
2055 N. Figueroa St., Los Angeles 90065
Phone: (323) 223-2021 **Hours:** T-Sat 6-3pm
Web: www.idepsca.org

SPA 5 COMMUNITY AREA

Los Angeles | 90034

Clare Matrix
11325 Washington Blvd., Los Angeles 90034
Phone: (323) 314-6230 **Hours:** M-F 7:30am-9am

Los Angeles | 90035

Sova Food Pantry - West
8846 W. Pico Blvd., Los Angeles 90035
Phone: (818) 988-7682 **Hours:** M W F 10am-2pm
Web: www.jfsla.org
Notes: Groceries available; Bring ID (if you have one)

Clare Matrix
8846 W. Pico Blvd., Los Angeles 90035
Phone: (818) 988-7682 **Hours:** M W F 10-2pm
Web: www.jfsla.org
Notes: Groceries available; Bring ID (if you have one)

SPA 7 COMMUNITY AREA

Los Angeles | 90022

Food Net- Centro Maravilla

4716 E. Cesar Chavez Ave., Los Angeles 90022

Phone: (323) 260-2805

Hours: Monday - Friday - 8am- 5pm

Los Angeles | 90063

Salvation Army- East LA

140 N. Eastman Ave., Los Angeles 90063

Phone: (323) 263-7577

Hours: Monday - Friday 9am - 12:30pm,
1pm - 3:30pm

Notes: Diapers available (call first)

SPA 8 COMMUNITY AREA

Gardena | 90247

City of Refuge

1045 W Redondo Beach Blvd, Gardena 90247

Phone: (310) 516-1433 **Hours:** M-F 9am-1:30pm

Hawthorne | 90250

Calvary Presbyterian

13560 Hawthorne Blvd., Hawthorne 90250

Phone: (310) 676-1144

Hours: 1st Saturday 8am-11am

Notes: Diapers available (call first)

Islamic Center of Hawthorne

12209 Hawthorne Way, Hawthorne 90250

Phone: (310) 973-8000 (714) 339-4571

Hours: 2nd & 4th Tuesday 2:30pm- 3:30pm

Cornell Powell

12950 S. Prairie Ave., Hawthorne 90250

Phone: (323) 578-8262

Hours: Wed 1pm- 2:30pm Sat 10am- 11:30am

New Rock of Ages Baptist Church

12946 S. Prairie Ave., Hawthorne 90250

Phone: (310) 870-1887 **Hours:** Saturdays 11am- 2pm

Ocean Gate Baptist Church

13443 Ocean Gate Ave., Hawthorne 90250

Phone: (310) 770-4715

Hours: 2nd-5th Thursday 10am-12pm 1st Saturday 11am-12pm

Notes: Diapers available (call first)

Lawndale | 90260

House of Yahweh

4046 W. Marine Ave., Lawndale 90260

Phone: (310) 675-1384

Hours: M-F 10-4:30pm **Web:** www.hoy-southbay.org

SPA 8 COMMUNITY AREA

Inglewood | 90301

Food Pantry Lax Area

355 E. Beach Ave., Inglewood 90301
Phone: (310) 677-5597 **Hours:** T & F 10- 12:30pm
Notes: Call first to confirm; Bring ID (if you have one)

Salvation Army Corps Community Center- Inglewood

324 E. Queen St, Inglewood 90301
Phone: (323) 789-9950 **Hours:** M-F 9-3pm
Web: www.salvationarmy-socal.org
Notes: Hot meals served; Groceries available

WSFB -Salvation Army

324 E. Queen St., Inglewood 90301
Phone: (310) 677-3375
Hours: Monday to Thursday - 1:00pm - 3:00pm
Tuesday 1-00pm - 3:00pm *Fresh produce

Inglewood | 90303

Greater Emmanuel M.B.C

3727 W 111th Pl, Inglewood 90303
Phone: (310) 677-9916 **Hours:** Friday 10am-12pm

Inglewood | 90304

Inglewood Southside Christian Church

3947 W. 104th St., Inglewood 90304
Phone: (562) 432-1440 **Hours:** Saturday 10am-1pm

St. Margarets Center

10217 S Inglewood Ave., Inglewood 90304
Phone: (310) 672-2208
Hours: Tuesday-Friday 1pm-4pm
Notes: Diapers available(call first)

Torrance | 90501

First United Methodist Church

1551 El Prado Ave., Torrance 90501
Phone: (310) 328-3242
Hours: 4th Sat 11:30am until supplies last

Volunteer Center South Bay Harbor Long Beach

1230 Cravens Ave., Torrance 90501
Phone: (310) 212-7997
Hours: Thursday 3pm-5pm

Long Beach | 90802

Christian Outreach In Action

515 E. 3rd St., Long Beach 90802
Phone: (562) 432-1440
Web: www.COALbeach.org
Notes: Diapers available (call first);
Hot meals served; Groceries available

Long Beach | 90805

Help Me Help You

6822 Paramount Blvd., Long Beach 90805
Phone: (562) 612-5001
Hours: 2nd and 4th Friday 2pm-3pm

Champions Of Caring Connections - Light & Life

6465 Cherry Ave., Long Beach 90805
Phone: (310) 635-9536
Hours: Every Month-3rd Saturday:
9:00 am - 11:00 am

SPA 8 COMMUNITY AREA

Long Beach | 90806

Centro Shalom

2131 Long Beach Blvd., Long Beach 90806
Phone: (562) 591-1390 **Hours:** M-F 8-4pm
Web: centroshalom.org)

Grace Memorial

1021 E. 19th St., Long Beach 90806
Phone: (562) 591-4774
Hours: 2nd & 4th Saturday 9am-10am

Long Beach Family Health Care Outreach Inc.

2385 Pacific Ave., Long Beach 90806
Phone: (310) 634-9039
Hours: Friday 10am-12pm

Salvation Army- Long Beach

455 E. Spring St., Long Beach 90806
Phone: (562) 247-3539
Hours: M-F 8-11:30 & 1-3pm
Web: www.salvationarmy-socal.org
Notes: Bring ID (if you have one)

Long Beach | 90813

Grant A.M.E Church

1129 Alamitos Ave., Long Beach 90813
Phone: (562) 437-1567 **Hours:** Wed 9am-12pm

Lutheran Social Services of Southern California- Long Beach

1611 Pine Ave., Long Beach 90813
Phone: (562) 599-1321 **Hours:** M-Th 8-4pm
Web: www.lssccc.org

Catholic Charities Community Services Centers

123 E. 14th St., Long Beach 90813
Phone: (323) 789-9950 **Hours:** 10am to 3pm
Web: www.catholiccharitiesla.org/sanpedro.html
Notes: Bring ID (if you have one)

Food Bank of Southern California

11444 San Francisco Ave., Long Beach 90813
Phone: (562) 435-3577 **Hours:** M-F 7-3:30am
Web: www.foodbankofsocal.org

Helping In Services, Inc.

1535 Gundry Ave., Long Beach 90813
Phone: (562) 591-8778

We Help Inc.

1330 16th St., Long Beach 90813
Phone: (626) 641-3604 **Hours:** 2nd Saturday
10am-11:30am

Long Beach Rescue Mission

1335 Pacific Ave., Long Beach 90813
Phone: (562) 591-1292 **Hours:** 24hrs
Web: www.lbrm.org
Notes: Call first to confirm; Bring ID (if you have one)

Help Me Help You-Oropeza Elementary

7000 Locust Ave., Long Beach 90813
Phone: (562) 612-5001
Hours: 2nd & 4th Fri 11:30am-12:30pm