



UHATEVER HINGS

~ Jim Rohr

5

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The 2010 – 2011 fiscal year marks the 20th Anniversary of SHIELDS for Families. From our motto, believing building becoming, this year's theme was "BUILD" – a perfect word to use to reflect upon the two decades that SHIELDS has been building families, resources, services, programs, partnerships, and communities across South Los Angeles.

Although our first physical building was unstable — a condemned trailer on the campus of Martin Luther King Medical Center — we were busy building a strong foundation for our agency with our first program, Genesis. We believed we could help families stay together but we didn't know if families would come to treatment — but they did — and they kept coming... and we kept listening and building the agency to respond to what they said they needed. Now, here we are today, with 34 programs and 330 staff, providing services to over 7000 families every year... and still building.

I am humbled to be a part of a team of Directors that has stayed together for 20 years in order to help guide and direct our mission and vision and I feel honored to be a part of an agency where so many people give their passion and commitment to making a difference. SHIELDS has been blessed to have long-standing partnerships with our Board, our Staff, our Community Partners, and the families that we have been privileged to serve. Thank you all for Believing, Building, and Becoming with us...

Kathryn S. Icenhower, PH.D. LCSW

OUR MISSION

To develop, deliver and evaluate culturally sensitive, comprehensive service models that empower and advocate for high-risk families in South Los Angeles.

Believing in our families...that they can overcome whatever challenges they face.

Building a foundation of hope...that our families can acquire the skills and support needed to accomplish their goals.

Becoming empowered...as proud individuals, nurturing parents, and productive members of the community.

OUR VISION

OUR GOALS

Promote family reunification and support families remaining intact in the community

Strengthen families through the provision of comprehensive and collaborative services

Improve the general well-being of families through comprehensive health programs and preventative social services

Encourage self-sufficiency and economic independence

MAIN OFFICES:

11601 South Western Avenue Los Angeles, California 90047

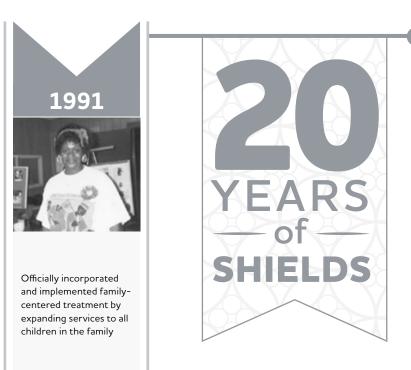
Phone: 323.242.5000

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info@shieldsforfamilies.org www.shieldsforfamilies.org In 1987, physicians at Martin Luther King Jr./Drew Medical Center delivered 1,200 infants exposed prenatally to drugs—an all-time annual high in Los Angeles and in our nation's history. At the time, few had hope for these children. Even fewer had hope for their parents and families. There were no programs designed to serve the special needs of this population, and the future looked bleak.

Full of hope, three women banded together to put an end to this epidemic and founded SHIELDS for Families, Inc. in 1991. Although Kathryn Icenhower, Xylina Bean and Norma Mtume came from different backgrounds, they shared the belief that they could help shape the future. And they have.

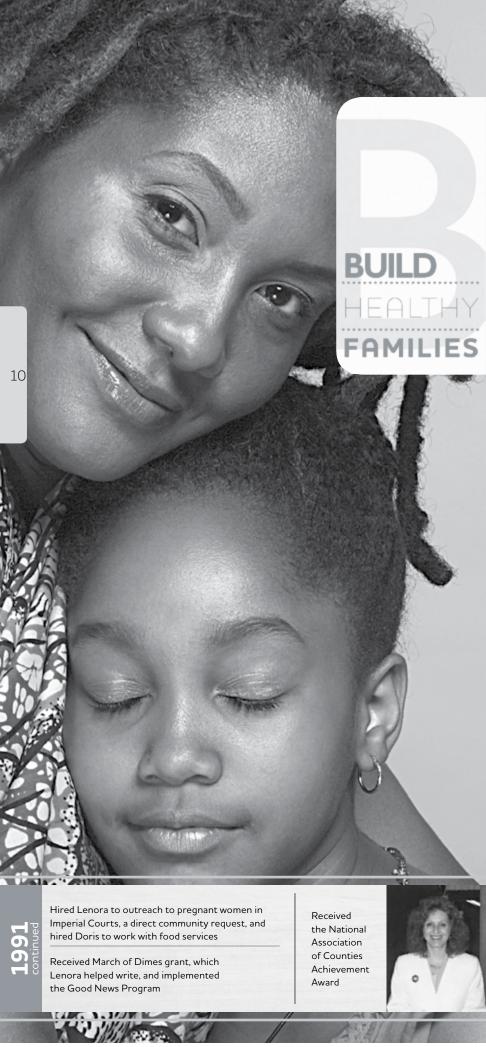
Today, SHIELDS is a nationally and internationally recognized organization that offers award-winning programs in Los Angeles' most challenged communities. The organization has grown to serve more than 7,000 families each year, employing more than 330 full-time staff, with an annual budget of more than \$24 million. SHIELDS operates 34 programs, including four collaborative networks in which SHIELDS serves as the lead agency.



Introduced early-intervention into programming which was so successful it's remained an integral part of our services

Graduated our first clients: Lenora and Doris.





Child Welfare Division

Building healthy families has been at the core of SHIELDS for 20 years. We have helped vulnerable children and families succeed and thrive, by building programs that are both collaborative and comprehensive. For families affected by the child welfare system, we provide a full continuum of services—from prevention to adoption.

SHIELDS is a leader in the child welfare field: our work has deeply influenced Los Angeles' child welfare initiatives, policies and procedures and impacted other state and national initiatives and programs.

Our Child Welfare programs

ACT PROGRAM

Achieving Change for Families program

ASK PROGRAM

Ask, Seek, Knock, a Prevention

FAMILY SUPPORT

FAMILY PRESERVATION/

Alternative Response

UFA/POE

Up-Front Engagement

MAT

Multi-Disciplinary

APSS





ACF grant implemented original ARK Program, a comprehensive child development program for substance abusing families



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Children & Youth Division

SHIELDS child development centers work with children as young as 6 weeks to 5 years because the early years of life are among the most critical and most vulnerable for a child—a time when a child needs stability and support.

We know that a successful family is a supported family, so we offer parents the education they need—and the support they deserve—to foster the success of their children.

As a child enters school and adolescence, the challenges can often be overwhelming. SHIELDS' Heros & Sheros Youth Development program works with youth ages 6 to 18, staying with them as they grow and learn in elementary, middle and high school.

Many of SHIELDS children have gone on to college, to become parents, and even SHIELDS employees.

Our Children & Youth programs

HEROS & SHEROS
YOUTH DEVELOPMENT

BEST BABIES

CHILD DEVELOPMENT

HEALTHY START

Received grants from CSAT, SAPC, and Stuart Foundation to expand prevention, intervention and treatment programming

Family Preservation services decreased Compton's out-of-home placements by 30%







SOUND MINDS

Purchased first housing complex – Keith Village – moved the Exodus Program on-site



A healthy mind leads to a healthy soul, body, and overall healthier families. SHIELDS provides a continuum of comprehensive mental health services available to the entire family including individual, group, and family therapy. Offered in both English and Spanish, our extensive mental health services are certified by the Los Angeles County Department of Mental Health.

Our Mental Health Programs

HFCP

Homeless Families CalWORKs Project

GROW

CALWORKS

THERAPEUTIC NURSERY

HUB

Outpatient Mental Health

SBMH

School-Based Mental Health

MST

Multi-Systemic Therapy

FFT

Functional Family Therapy



Purchased second housing complex – Naomi Village – with LAHSA grant

Received C. Everett Koop National Health Award for most cost effective nonprofit in the nation



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with LAHSA grant

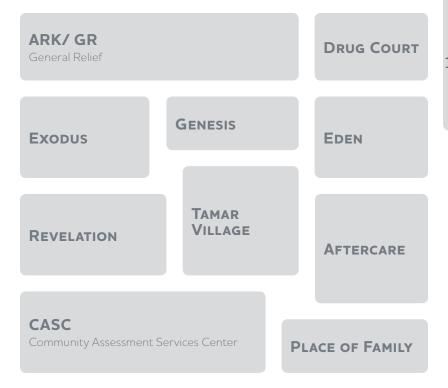
State Office of Juvenile Justice Programs funded Jordan Downs' multi-faceted collaborative Juvenile Justice Program (our original Revelation Program)

Featured on "48 Hours" TV Program

provider and received funding to transform Eden Program into the first co-occurring disorders program in the County

Building sober lives and long-term recovery are trademarks of SHIELDS substance abuse services. SHIELDS offers nationally recognized comprehensive prevention, treatment, and recovery services for substance abuse. SHIELDS family-centered treatment model has been replicated across the country and utilized in national strategies for treatment. Our services promote and achieve long-term recovery so clients and their families can live full, productive, healthier lives.

Our Substance abuse Treatment Programs



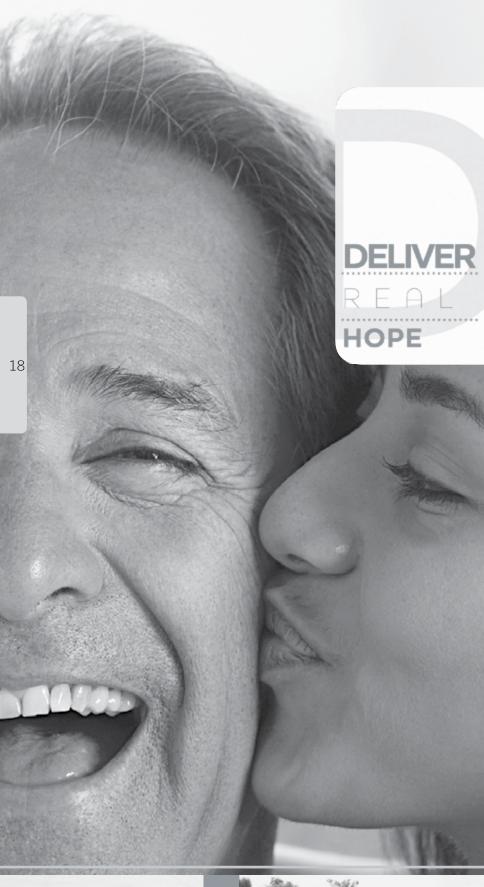


Selected as Compton Drug Court provider and began the ARK Program

Vocational Services Center opened with DCFS Family Support grant



California State ATHENA inaugural award recipient for empowering women 17



Edna McConnell Clark
Foundation funds Families First
Program's early intervention
services to DCFS families —
piloting Alternative Response,
now a county-wide component
of Family Preservation



Supportive Services Division

Building new beginnings, offering people real hope, and a chance to get back on their feet is what SHIELDS is all about. The road to self-sufficiency is never easy, but we believe a supported family is a strong, stable family.

SHIELDS builds a strong support system for our clients and children through its food, transportation, housing, and educational and vocational training services. Food services both serves food to our clients and operates a community food bank; transportation operates 22 vans and provides transportation to 1,000 clients; housing provides 126 units of housing and operates transitional housing; Vocational Services Center (VSC) provides 610 hours of basic skills, high school, and computer education, and various classes and certifications for hundreds of clients.

Our Supportive Services

Housing

FOOD SERVICES

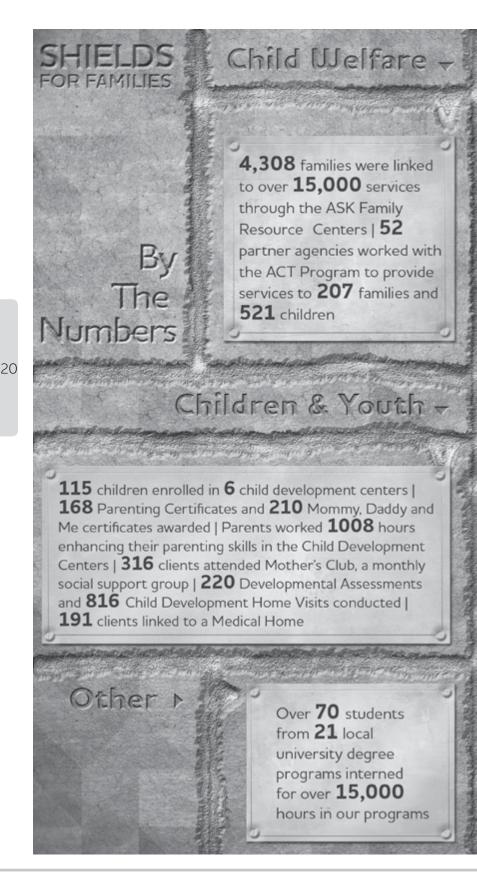
TRANSPORTATION

VSCVocational
Services Center

HRSA funded planning and outreach grant to start Healthy Start Program

CSAT and HUD funded substance abuse treatment at Jordan Downs





CSAP funded Heros/ Sheros Youth Development services

The HUB clinic was funded by DMH to work with DCFS involved children



Received Special Recognition Award from The White House Office of National Drug Control Policy

1999

Supportive Services

2,860 families and children provided with mental health services | Working with 18 Los Angeles and Compton Unified School District schools to offer on-site mental health services to children, youth and families

Awarded 296 certificates for completion of courses in Fiber Optics, Medical Billing/Coding, and Business Office Management | 163 participants who completed our substance abuse treatment programs found Employment | Provided basic skills literacy, high school equivalency education, and computer training to more than 300 participants. | Provided transitional housing to more than 250 adults and 300 children in 126 units of housing | Utilized 22 Vans to transport

Mental Health 1,000 program participants and children | Linked over 100 families who completed treatment into permanent housing

362 families received treatment | 405 youth (ages 6-18) served through Heros and Sheros | 78% of families successfully completed treatment | 69% of families were reunited with their children | 83% of parents gained visitation rights

Substance Abuse

HRSA funded full Healthy Start Program targeting substance abusing pregnant and postpartum women and children 0-2 Columbia University CASA funded treatment and vocational services to substance abusing women

Expanded Mental Health Services to School-based services and the Therapeutic Nursery

2010-2011 Financials

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Total Revenue	\$22,468,346.00
Client & Program Fees	\$1,045,747.00
United Way	\$24,604.00
In-Kind Contributions	\$550,633.00
Other (Non-Governmental)	\$114,056.00
Corporations & Foundations	\$281,648.00
Individuals	\$37,537.00
Government Contracts	\$20,414,121.00

Expenses

22

Programs	Program	Administrative	
Child and Youth	\$1,415,767.00	\$205,561.00	
Family Services	\$3,486,444.00	\$290,564.00	
Mental Health	\$8,599,002.00	\$1,554,234.00	
Substance Abuse	\$5,013,710.00	\$758,874.00	
Client Supportive	\$681,855.00	\$3,661.00	
Admin General		\$62,283.00	
Totals	\$19,196,778.00	\$2,875,177.00	
	87%	13%	

Featured on TV special "Preserving the Family: A Collaborative Effort"

2000

First 5 grant enhanced treatment program child development services

Funded to implement Community Assessment Services Center



Continued on pg 24

Funders

We thank the following funders for their generous support of \$1,000 and above.

Marguerite Casey	Community Development	Los Angeles County	
Foundation	Department	Department of Public	
Durfee Foundation	Federal Emergency Management Agency Emergency Food and Shelter Program	Health Alcohol and Drug Program Administration	
Orange County		Los Angeles Homeless	
Community Foundation		Services Authority	
Majestic Realty Foundation	First 5 Los Angeles	U.S. Department of Health	
Ralph M. Parsons	Los Angeles County	and Human Services, Administration for Children	
Ace Cash Express	Department of Children and Family Services	and Families, Substance	
Realty Associate Advisors	Los Angeles County Department of Mental	Abuse and Mental Health Services Administration	
Public Sources		U.S. Department of Housin	
City of Los Angeles	Health	and Urban Development	

Total \$1,606,328.00 \$3,777,008.00 \$10,153,236.00 \$5,772,584.00 \$685,516.00 \$62,285.00 \$22,056,957.00

Leadership

Board of Directors

Xylina Bean, M.D President

Gerald Phillips

Chairperson

Kerry English, M.D Vice-Chair

Bunny Withers
Secretary

Susan Burton, Ph.D Treasurer

Gussie Schlegel

Lou Orr Charlotte Burnett

Charlotte Burnett Jeffrie Miller, M.D.

Executive Management Team

Kathryn S. Icenhower, Ph.D, LCSW Executive Director

Norma Mtume, MA Health Sciences, MA MFT CFO and Associate Director

Sara Tienda, MSW Assistant Director

Charlene K. Smith, MA
Director of Children
& Youth Division

Darnell Bell, MA

Director of Training

& Research

We would like to thank our collaborative partners for helping us serve our clients.

SHIELDS is proud to be a member of the following organizations

California Perinatal Treatment Network

Child Welfare League of America

National Coalition of Family Centered

Treatment Directors

National Drug Court Association

Strengthening Families Network

Treatment Communities of America

United Way









Received Certificate of Special Congressional Recognition from South Central Prevention Coalition SAPC funded adolescent co-occurring program (Revelation)

LA City CDD funded gang prevention and mental health services at YO High School

United Way funded Tomorrow's Leaders for Heros and Sheros Youth Development Program

CELEBRATING







25















Became sole provider of Family Preservation services in Compton.

Healthy Start program outreach workers and case managers provide intensive services for 200 substance abusing, pregnant and post-partum women and their children

No. William of the source property

Then Now





Kathryn S. Icenhower, PhD, LCSW Founder & Executive Director



Norma Mtume, MA Health Sciences, MA MFT Founder, Associate Director & Chief Financial Officer

Eden Program received Los Angeles County Department of Mental Health's Innovation in Co-Occurring Disorders Award

2002

First 5 CDI grant funded child development centers for all our treatment programs



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Dr. Xylina D. Bean is the Chairperson of the Department of Pediatrics and W. K. Kellogg Distinguished Professor of Pediatrics at Meharry Medical College in Nashville, TN. She is a native of Tennessee, although she spent most of her career in California. Dr. Bean is a board certified Pediatrician and Neonatologist. Before going to Nashville, she was Chief of Neonatology and Director of High Risk Children's Medical Programs at King/Drew Medical Center, Associate Professor at Drew and Clinical Professor at UCLA. In addition to SHIELDS, Dr. Bean was also cofounder of Wilmington Community Clinic, a FQHC clinic serving the predominantly lower income population in the Southbay. She attended Mount Holyoke College in South Hadley, MA obtaining a B.A. in Physiology in 1969. She then matriculated through the University of Pennsylvania, School of Medicine where she gained her doctorate of medicine degree...

Kathryn S. Icenhower, PhD, LCSW, Cofounder and Executive Director of SHIELDS for Families, has worked in the substance abuse and child welfare fields for over thirty years in both clinical and administrative positions and has remained at the forefront of the field as an advocate for comprehensive and collaborative services for high-risk communities. Kathy sits on numerous local, state, and federal coalitions and advisory boards, was founding member of the California Perinatal Treatment Network and the National Family Centered Treatment Director's Coalition, she serves as a consultant for the Substance Abuse and Mental Health Administration (SAMSHA) and has assisted the Office of National Drug Control Policy (ONDCP) with policy development for Family Centered Treatment. She is a member of the California Child Welfare Council as well as a State Commissioner for First 5 California. Kathryn received her BSSW from Ohio State University and her MSW and PhD from the University of Southern California.

Norma Mtume, MA, Cofounder, Associate Director and Chief Financial Officer for SHIELDS for Families, is also a cofounder of the SHIELDS Housing Corporation and UMMA Community Clinic in South Los Angeles. Norma received her Bachelors and Masters degrees in health sciences, with an emphasis in program administration from California State University, Los Angeles. In addition, she holds a master's degree in marital and family therapy from Pacific Oaks College with a certification in working with African American families. Norma is also a Community Faculty member at Charles Drew University of Medicine and Science.

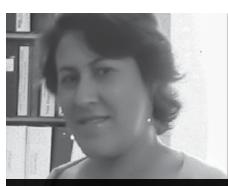
Child Development Specialists were added to the perinatal treatment program to conduct home visitation model



CSAT funded AIDS education and services in collaboration with Charles Drew University Then Now



Director of Children and Youth Division



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Sara Tienda, MSW Assistant Director



2003

Received the Non-Profits United Excellence In Safety Award



Reduced out-of-home placement by 60% through piloting – at our own cost - Point of Engagement with DCFS Compton, now utilized county-wide

Charlene K. Smith, MA, Director of Children and Youth Services for SHIELDS for Families, first joined SHIELDS in 1991 where she developed the child development program & services for Genesis Day Treatment Program. She then went on to successfully oversee the federally funded Healthy Start Program for many years. Charlene oversees all children and youth programs, including several collaboratives involving Family and Community Services. An Ohio native, Charlene attended Kent State University, where she received a bachelor's degree in early childhood education. She also holds a master's degree in Marriage, Family and Child Counseling from Phillips Graduate Institute. Prior to joining SHIELDS, Charlene taught kindergarten in Oberlin, Ohio where she developed her passion for young children and high-quality education.

Sara Tienda, MSW, Assistant Director of SHIELDS for Families, has more than 20 years of experience in both administrative and direct services, with expertise in resource development and the provision of services in South Los Angeles. In addition, she has worked in the areas of volunteer services, alternative sentencing, developmental disabilities, substance abuse and mental health. A Southern California native, Sara was born and raised in Orange County. She holds a bachelor's degree in sociology from California State University, Fullerton and a master's degree in social work from California State University, Long Beach. Sara started as an MSW intern at SHIELDS in the fall of 1991.

Darnell Bell, MA, Director of Research and Evaluation for SHIELDS for Families, joined SHIELDS in 1992 as the director of youth services and has led the organization's research and evaluation efforts since 2007. During his tenure, he designed and implemented SHIELDS' renowned Heros & Sheros Youth Development program, which serves at-risk youth. Affectionately known as the "grandfather of prevention" in Los Angeles County, Darnell has more than 38 years of experience leading culture-based alcohol and drug-prevention programs. Before joining SHIELDS, he directed youth programs at the Watts Health Foundation and the Avalon-Carver Community Center. Darnell holds a bachelors degree in ethnic studies, sociology and education from the University of Redlands, and a masters degree in urban education and ethnic studies from California State University, Los Angeles.



Child Development, LA
Education Partnership, and
the LAUSD Ready For School
Initiative partnered to provide
case management services
preparing children ages 0-5
for Kindergarten

2005

First 5 funded implementation of the collaborative ACT Program – a Partnership for Families (PFF) Initiative to divert families away from DCFS

REFLECTIONS

"I came to SHIELDS broken but they embraced me and showed me respect. I learned how to deal with my grief and loss, how to be a parent, and I'm able to be a mother, a woman, a wife, a daughter, a sister, and a friend."

- Mental Health Program Participant



Kathy Icenhower received U.S. Department of Health and Human Services -Center for Substance Abuse Treatment's "Innovator Award" for pioneering family centered treatment

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900

Became a partner of the First5LA Best Babies Collaborative through SLAHP

Multi-Disciplinary Assessment Team (MAT) Program began

Acquired First 5 grant to focus on high risk pregnant mothers and teens



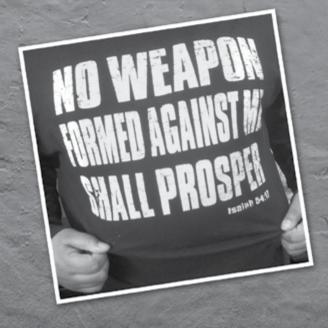


Awarded Most Effective Community Based Organization by the Compton Drug Court Foundation



"After being locked up for 20 years, it looked as if I had no future because no one would hire me. I came to SHIELDS and they gave me a second chance. I graduated from the Fiber Optics program and started my own business."

- Michael, VSC Program Participant



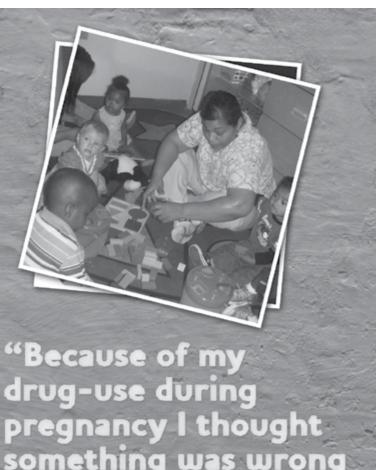
ACF funded Tamar Village program to work with substance abusing women involved with the criminal justice and child welfare systems

Kathy Icenhower became a member of the CA State Child Welfare Council

Began Spanish-speaking program at Genesis



2007



drug-use during pregnancy I thought something was wrong with my newborn son, but SHIELDS Child Development taught me how to be a mother and worked with my son's development. Today, he is a healthy young adult in college."

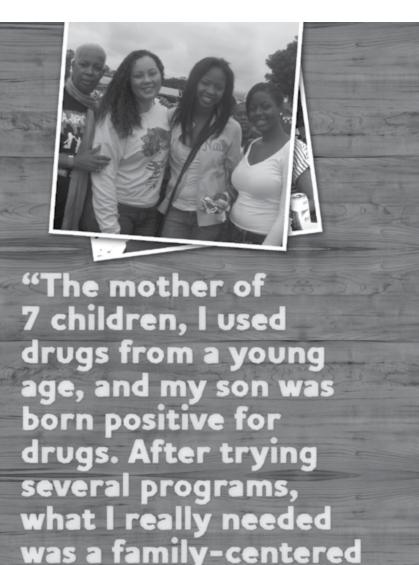
- Healthy Start '05 Alumni



DCFS grant implemented Adoption Support Program

The ASK Program, a Prevention Initiative Demonstration Project (PIDP), implemented four Family Resource Centers in SPA 6

Began operating Place of Family to provide DUI, DV, and anger management services to South LA



- Phyllis Stery, Exedus '05 Alumni & SHIELDS Empleyee

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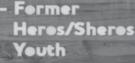
women like me

trying to help other

Received a Specialty
Family Foundation
grant for Heros
& Sheros Youth
Development
Program



Featured on BET's "First In" "SHIELDS taught me how to deal with my mental health issues and cope with life. They provided the stability and resources we needed to become a family again. Today, I look forward to attending college and starting a healthy family of my own." Fermer





Kathy Icenhower received The James Irvine Foundation's Leadership Award

Purchased and moved into a building for new administrative headquarters







"Client council is a platform for clients to exercise leadership skills. We feel like human beings with a voice, that we can be our own advocates and we can make a difference."

- Erica,
Client Council President

Provided staff trainings on diversity and racism and legislative communications

Featured on Vh1's Celebrity Rehab with Dr. Drew



Received HRSA's Medical/Legal Partnership grant with Public Counsel

Implemented our own on-site UA Lab



"One of the things that SHIELDS did right is it hired people who really care. It is such a unique place to work where many of the employees were once clients or children in our programs who then went on to get higher education degrees and came back to serve others where they once were."



- Alison Quals, Genesis '93 Alumni SHIELDS Employee



Featured a second time on Vh1's Celebrity Rehab with Dr. Drew

White House Office of National Drug Control Policy's "Drug Czar" Gil Kerlikowske, visits Exodus Program to apply family-centered service model to National Strategy for Treatment United Nations Special Rapporteur Najat MAALLA M'JID visited to learn about our family-centered treatment model as an effective prevention & intervention strategy

Build the future with us

SHIELDS for Families has been winning the battle against poverty and substance abuse since 1991. SHIELDS has been a leader in the substance abuse, child welfare, and mental health fields, our programs change and save lives.

But we can't do it alone. We need your help. By supporting SHIELDS for Families, you will help ensure that children have the best start in life and families have the support they need to succeed.

Give the gift of hope today.

Visit www.shieldsforfamilies.org or call (323) 242-5000 to make your gift today

SHIELDS
for families

believing, building, becoming

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SHIELDS and Cal State University – Dominguez Hills' community-based MSW program graduates its first class

2011

Received HACLA grant to implement the Families First Program in Jordan Downs Received Department of Labor grant to implement the Jericho Training Center, a re-entry program to provide vocational and case management services to individuals exiting the corrections system

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Ellice Schwartz, ES Photography (www.es-photo.net) Alba Visuals Photography iStockphoto Veer and SHIELDS

ASK Program utilized as new countywide model for DCFS services 20 Years
of Believing, Building and Becoming!

39

Celebrating the past, building the future.



Years of Service 1991-2011

Celebrating 20 Years of Service



believing, building, becoming

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